

For Immediate Release May 2, 2023

## **MCTXSheriff Jail Division Increases Mental Health Training for Employees**

A Sergeant from the Montgomery County Sheriff's Office Jail Division attended a course to become a trainer for the Jail Mental Health Officer course. The member returned and created a course for our Jail Division staff that will appropriately supplement the mental health-centric training employees have already received.

The Sheriff's Office is proud to report we have completed our first Jail Mental Health Officer course, where members of our jail staff were trained in the key mental health issues of their daily operations within a jail setting. These issue included inmates challenged by intellectual developmental disorders and or mental health signs/symptoms as they intersect with the criminal justice system.

Particular topics included how to better understand the impact of incarceration on inmates with mental health challenges, communication & de-escalation techniques to reduce the chances for use-of-force incidents, suicidal inmates and their recognizable predictors, and how to achieve the best care for the person in crisis. The course also placed emphasis on scenario-based training to put staff members into real-word situations they would encounter in the jail environment.

Additionally, there was a section involving detention officer care to help the officer who may go through a traumatic event due to a work-related incident.

This was a successful, collaborative training effort and we would like to thank our MCSO CIT Unit, MCSO Employee Mental Health Unit, Tri-County Behavioral Healthcare, Wellpath Care, and the Brazoria County Sheriff's Office.

(Pictures on Page 2)

Thomas Hudson, Specialist Montgomery County Sheriff's Office Administrative Services Follow us @MCTXSheriff mctxsheriff.org f 🛇 🖬 🏠



#1 Criminal Justice Drive | Conroe, TX 77301 | 936.760.5871

## MONTGOMERY COUNTY SHERIFF'S OFFICE Sheriff Rand Henderson MEDIA ADVISORY





Thomas Hudson, Specialist Montgomery County Sheriff's Office Administrative Services Follow us @MCTXSheriff mctxsheriff.org f 🛇 🖨 🏠

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#1 CRIMINAL JUSTICE DRIVE | CONROE, TX 77301 | 936.760.5871